

COCHRANE BMX ASSOCIATION

Commitment

Community

Competition



2017 Club Registration OVER 18

Riders Name: _____
Riders Date of Birth: _____
Street Address: _____
City: _____ Province: _____ Postal Code: _____
Home Number: _____ Cell Number: _____
Email: _____

Emergency Contact: _____
Emergency Phone Number: _____

Additional information you would like us to be aware of (allergies/medical conditions, etc.):

YES NO
(Circle one)

I give permission for my child's picture to appear on Cochrane BMX social media. (Website, Facebook, Twitter, etc)

Signature

I acknowledge my \$200 volunteer bond cheque will be cashed if my family does not complete a minimum of 20 hours of volunteer time.

Cochrane BMX Association
PO Box 1044
Cochrane AB
T4C 1B1

www.cochranebmx.com
cochranebmx@gmail.com

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Membership Instructions:

1. Fill out Cochrane BMX registration form, mail to address below and make cheques filled out to *Cochrane BMX*.
 - a. Register Family Day at Spray Lakes Sports Center and receive a free Cochrane BMC toque
 - b. 2017 Cochrane BMX Registration will be \$80.00 for the season
 - c. Optional coaching for \$60.00 (1 hour per week instruction in summer months)
 - d. \$200 volunteer cheque will be collected per family and will be returned once volunteer commitment is fulfilled. (20 hours)

2. Fill out **mandatory** Alberta Bicycle Association membership
 - a. <http://www.albertabicycle.ab.ca/how-do-i-sign-up-for-aba-membership>
 - b. Pricing as below:
 - i. \$85 for BMX riders born 1999-2012
 - ii. \$100 for riders born in or before 1998
 - iii. \$40 for Cochrane only riders of any age (General Membership)
 - c. Sign Alberta Bicycle Waiver forms
 - d. Will need proof of age and picture sent in with application for UCI license.

Cochrane Race Schedule:

The 2017 race season will start in May, weather permitting.

Race nights are Monday and Wednesday evenings, track opens for warm-up at 6pm.

On site race registration runs 6:00-6:30pm sharp, pre-registration available via text, racing at 7:00pm. If you pre-register via text, you **MUST** still check-in at the registration office before 6:30pm or you will not be registered to race.

- Optional coaching will be available June-Aug for an additional \$60, Tuesday evenings, time to be announced later.

Rider Checklist:

- Provide proof of Alberta Bicycle Association registration (receipt or license) for 2017
- Complete Cochrane BMX registration form
- Fill out release and indemnity waiver required by Alberta Bicycle Association
- Pay all required fees
- Sign AG Society waiver

Cochrane BMX Association is a non-profit organization run entirely by volunteers; without volunteers, racing will not be possible. Ask how you can help!

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Volunteer Bond FAQ

1. Who decided to have a volunteer bond?

The Cochrane BMX Association Board voted on the introduction of the volunteer bond?

2. Why is there a volunteer bond?

The volunteer bond has been introduced to encourage Cochrane BMX members to get involved in the club. It requires many hands to run a successful race night and with the recent growth of the club, we need to ensure that we balance the increased demands against our philosophy of making BMX fun and affordable.

3. How much is the volunteer bond?

The volunteer bond is \$200 per family.

4. How many hours do I need to put in?

A minimum of 20 hours is required but the board will encourage all families to continue past the requirement.

5. I unfortunately don't have time to volunteer, do I have to?

No, you can opt out of the volunteer bond and pay the \$200 fee but please remember that Cochrane BMX is run 100% by volunteers and we need everyone's help for a successfully run season.

6. What roles are available?

There are numerous volunteer opportunity/roles available throughout the BMX season. Many are these are simple and don't require any special training or abilities.

7. If I do not compete the minimum 20 hours, will my cheque get cashed?

Yes.

8. If I only compete 15 or 16 hours will you still cash my cheque?

Yes, but if the end of season has come there are still plenty of chances to complete the requirement such as year-end clean-up and track tear down work parties.

Any other questions, please talk to one the board members.

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