



COCHRANE BMX ASSOCIATION

Commitment

Community

Competition

2018 Club Registration OVER 18

Riders Name: _____
 Riders Date of Birth: _____
 Street Address: _____
 City: _____ Province: _____ Postal Code: _____
 Home Number: _____ Cell Number: _____
 Email: _____

Emergency Contact: _____
 Emergency Phone Number: _____

Additional information you would like us to be aware of (allergies/medical conditions, etc.):

YES NO
(Circle one)

I give permission for my child's picture to appear on Cochrane BMX social media. (Website, Facebook, Twitter, etc)

 Signature

I acknowledge my \$200 volunteer bond cheque will be cashed if my family does not complete a minimum of 15 hours of volunteer time.



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Membership Instructions:

1. Fill out Cochrane BMX registration form; make cheques out to Cochrane BMX and mail to address below.
 - a. Register on February 19th - Family Day at Spray Lakes Sports Center and receive some free Cochrane BMC swag.
 - b. 2018 Cochrane BMX Registration will be \$80.00 for the season.
 - c. Optional coaching for \$60.00 (1 hour per week instruction in summer months).
 - d. \$200 volunteer cheque to be collected per family and given back at end of the season once volunteer commitment is fulfilled (15 hours). See Volunteer Bond FAQ on page 3 for further details.
2. Riders License - Fill out mandatory Alberta Bicycle Association membership
 - a. <http://www.albertabicycle.ab.ca/how-do-i-sign-up-for-aba-membership>
 - b. Pricing as below:
 - i. \$85 for junior riders born 2000-2013
 - ii. \$100 for riders born in or before 1999
 - iii. \$40 for Cochrane only riders of any age (General Membership)
 - c. Sign Alberta Bicycle Waiver forms (On-line during registration)
 - d. Will need proof of age and picture sent in with application for UCI license.

Cochrane Race Schedule:

The 2018 race season will start in May, weather permitting.

Race nights are Monday and Wednesday evenings, track opens for warm-up at 6pm.

On-site race registration opens at 6:00 and ends at 6:30pm sharp, pre-registration available via text, racing at 7:00pm. If you pre-register via text, you MUST still check-in at the registration office before 6:30pm or you will not be registered to race.

- Optional coaching will be available June-Aug for an additional \$60, Tuesday evenings, complete details will be provided in May.

Rider Checklist:

- Provide proof of Alberta Bicycle Association registration (receipt or license) for 2018.
- Complete Cochrane BMX registration form.
- Fill out release and indemnity waiver required by Alberta Bicycle Association.
- Pay all required fees.
- Sign AG Society Form.

Cochrane BMX Association
PO Box 1044
Cochrane AB
T4C 1B1

www.cochranebmx.com
cochranebmx@gmail.com



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Cochrane BMX Association is a non-profit organization run entirely by volunteers; without volunteers, racing will not be possible. Ask how you can help!

Volunteer Bond FAQ

1. Who decided to have a volunteer bond?

This requirement was introduced by Cochrane BMX Association Board in 2016 to promote and encourage parents to volunteer and get involved with the club.

2. Why is there a volunteer bond?

The volunteer bond was introduced to encourage Cochrane BMX members to get involved in the club. It requires many hands to run a successful race night and with the recent growth of the club, we need to ensure that we balance the increased demands against our philosophy of making BMX fun and affordable.

3. How much is the volunteer bond?

The volunteer bond is \$200 per family.

4. How many hours do I need to put in?

A minimum of 15 hours is required but the board will encourage all families to continue past the requirement.

5. I unfortunately don't have time to volunteer, do I have to?

No, you can opt out of the volunteer bond and pay the \$200 fee but please remember that Cochrane BMX is run 100% by volunteers and we need everyone's help for a successfully run season.

6. What roles are available?

There are numerous volunteer opportunity/roles available throughout the BMX season. Many are these are simple and don't require any special training or abilities. We will host a parent's information session at the beginning of the season where we will explain all the different volunteer options that will be available.

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7. *If I do not compete the minimum 15 hours, will my cheque get cashed?*

Yes.

8. *If I only compete 11 or 12 hours will you still cash my cheque?*

Yes, but there will be plenty of chances to complete the requirement such as year-end clean-up and track tear down work parties.

Any other questions, please talk to one the board members.